Wellness Symposium 2015
Innovations and Interventions

This year’s Wellness Symposium offers mental health practitioners and students practical interventions and innovations they can use to help those they serve. Our speakers have been chosen for their expertise and passion about the topics they are presenting, and all of them are offering their presentations without compensation. Join us to learn new approaches to therapeutic work, refresh acquaintances with colleagues, and earn Continuing Education credits (including three ethics hours). More conference information is available from the website along with options to register online.

Thursday May 14: 6.5 hours
Morning:
7:30-8:00  Registration
8:15-10:15  “Experiential Group Therapy”: Rick Pongratz, Ph.D.
10:30-12:00  “Postpartum Depression: Epidemiology, Effects, and Prevention/Intervention”: Nicki Aubuchon-Endsley, Ph.D.
12:00-1:30  Lunch on your own
Afternoon:
1:30-4:30  “Dialectical Behavior Therapy Update”: Cameron Staley, Ph.D. & Christopher DeCou, M.S.
4:30-4:45  Evaluations and certificates

Friday May 15: 6 hours
Morning:
7:30-8:00  Registration
8:00-10:00  “Mind games: What happens when you meditate”: Tony Seikel, Ph.D. & Jenn Holst, AuD
10:15-12:15  “Mindful Parenting”: Kristin Stewart Yates, Ph.D.
12:15-1:45  Lunch on your own
Afternoon:
1:45-3:45  “Substance abuse counseling”: Chad Yates, Ph.D.
3:45-4:00  Evaluations and certificates

Saturday May 16: 3 hours
9:00-12:00  “Ethical considerations of social networking and other internet technologies for mental health professionals”: Jennifer Miesch, Ph.D.

Fees are only charged to those requesting Continuing Education credit. There is no charge just to attend.

PLEASE PRE-REGISTER BY MAY 1, 2015, even if you are not requesting a Continuing Education certificate, so we can accommodate everyone.

Online registration is available from the website along with more detailed information regarding the presentations and presenters.

To register by mail, print the Registration Form and send with payment (if requesting CE attendance certificate) to ISU Counseling and Testing Service (address below).

Payment by cash, check, or card will be accepted at the door.

Please let us know if you need any accommodations to help you fully participate in the conference.

Parking permits are required on Thursday if you park on campus. If you pay for Continuing Education certificates, we will give you a free parking pass to put on your car. Otherwise, passes are available at the door for $2.00, or you can buy one from Public Safety for $4.00. No passes are required on Friday or Saturday.
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Registration Form

Please complete ALL fields and type or print clearly.

Name _________________________________________________________________

Agency/Department____________________________________________________

Mailing Address________________________________________________________

City/State/Zip___________________________________________________________

Daytime Phone_____________________

Email Address*_____________________
*Required: Registration confirmation and symposium updates will be sent by email.

If affiliated with ISU, please check one:
□ Undergraduate Student □ Graduate Student □ Faculty □ Staff

Registration Fees (to receive Continuing Education attendance certificates)
Select all sessions you plan to attend:
□ Not requesting Continuing Education attendance certificates (No charge for attending)
□ Thursday Morning Session 3.5 CE hrs: $25
□ Thursday Afternoon Session 3 CE hrs $25
□ Friday Morning Session 4 CE hrs $25
□ Friday Afternoon Session 2 CE hrs $25
□ Saturday Morning 3 ethics hrs $45
Total: $_____

Payment options:
□ Online: check back soon for online payment via the Wellness Symposium site.
□ Check, made payable to Idaho State University
□ Purchase Order (PO# ________________________)
□ Will pay at the door (please send in registration by May 1).

Mail registration form and check or purchase order by May 1 to:
Wellness Symposium
ISU Counseling and Testing Service
921 S. 8th Ave., Stop 8027
Pocatello, ID 83209